

APPENDIX D
Personnel Action Form

STATE UNIVERSITY COLLEGE AT CORTLAND

PERSONNEL ACTION FORM

Name: Ethan Pettengill

Date: September 15th, 2026

Department: Physical Education

Action(s) under review: Reappointment-First Contract

Date of Initial Appointment to SUNY Cortland: Adjunct- PED 308 (Summer 2024), FTL (August 2025)

1. Master of subject matter:
 - a. Highest Degree: Master of Arts
 - b. Year: 2021
 - c. Institution: University of Alabama
 - d. Major Area: Health Studies, Health Education and Promotion
2. Effectiveness in Teaching:
 - a. List of courses regularly taught at Cortland since Initial appointment:
 - i. PED 180- Team Sports Methods
 - ii. PED 181- Adventure Activities
 - iii. PED 282- Health Related Physical Fitness
 - iv. PED 283- Racket Activities
 - v. PED 308- Outdoor Education for Teachers
 - b. Describe new teaching materials developed and/or any different methods employed since initial appointment.
 - i. PED 180- Team Sports Methods
 1. Updated Lessons for all Units, based on individual teaching background and pedagogy knowledge.
 2. Updated and utilized Brightspace with current resources, documents, assignments, and quizzes.
 3. Incorporated skills, drills, demos, and instructional videos based on future k-12 teachings.
 - ii. PED 181- Adventure Activities
 1. Utilized Brightspace for journals, assignments and assessments and video content.
 2. Updated calendar through Challenge by Choice teaching Model.
 3. Incorporated activities to help future classroom group development k-12.
 - iii. PED 282- Health Related Physical Fitness
 1. Utilized Brightspace for content, created lesson plans for resources outside of class lesson development.

2. Lesson Plan development with Faculty in Co-teaching situations
3. Daily reflective feedback from 282 student perspective to 382 students
- iv. PED 283- Racket Activities
 1. Updated Lessons for all Units, based on individual teaching background and pedagogy knowledge.
 2. Updated and utilized Brightspace with current resources, documents, assignments, and quizzes.
 3. Incorporated skills, drills, demos, and instructional videos based on future k-12 teachings.
- c. Provide evidence of accomplishments in your portfolio.
 - i. Letters of recommendations from Students and TAs are included in my portfolio.
 1. Gavin Roberts
 2. Connor McCann
 - ii. Letters of support from faculty are included in my portfolio
 1. Helena Baert
 2. Kate Hovey
 - iii. Other artifacts other than CTE:
 1. Transfer Student Recommendation
 2. Cortland Apples (multiple)
 - iv. CTE Feedback
 - Truly a great class, I really enjoyed having Ethan as a professor. He does an amazing job breaking down and teaches how we would actually teach it in a PE setting. Ethan is one of the best professors I've had. I really learned a lot from him and his class. He does an amazing job taking things slow so we can really get a good understanding on the material if we aren't too familiar with it already (PED 180).
 - This class has taught me a lot about PE instruction and how to properly set my lesson plans, while also keeping the class engaged. Would love to have Ethan Pettengill as an instructor again to learn more about his experiences (PED 180).
 - Ethan went out of his way to assist me with not only Team Sport questions, but also general questions about my major, and put me on a better path to continue and excel in my Physical Education career (PED 180).
 - Great class, great feedback and overall good environment to learn in. Very inclusive and relatable and one of my favorite teachers (PED 180).
 - Professor Pettengill provides an inclusive learning environment for all by having different kinds of equipment, providing supportive

feedback, and is always there to cater for students' learning needs and requirements. Great professor to learn from! (PED 181)

- I very much enjoyed everything about this class, to the way it was taught and Ethan, who taught it. I have so many new activities I want to try when I become a teacher. Ethan was so passionate about what he does, and it made the environment so easy to be in (PED 181).
- Ethan is energetic in class, engages in activities in demonstrations, and is constantly teaching real life situations (PED 181).
- Ethan Pettengill is a great teacher to take for Adventure Activities. I would 100% recommend. Class was never boring and all the activities done in class were great, engaging, and had a purpose helping us students improve in PE (PED 181).
- Ethan Pettengill was an amazing teacher; I had the pleasure of having Ethan as my professor for 2 classes (PED 181).
- I had an amazing year with Ethan as my professor; I can't wait to take more classes by Ethan (PED 282).
- I felt that this class was very engaging and fun. It was a class that I was excited to go to every other day (PED 282).
- He is a very nice teacher and understands the students. He teaches everything in depth and makes sure we know the information recommends him to ANY of my friends because he is AWESOME (PED 282).
- He is a great teacher to have a class with and is always helpful when you need information or help with anything (PED 282).
- Very good teacher. Interactive and keeps us occupied the whole class with fun and learning (PED 283).
- This course was 100% my favorite course of this semester, not because it is laid back and "easy" but because I really enjoyed how the professor taught us meaningful lessons we will remember and take with us when we begin teaching. Giving feedback and understanding the way to teach certain sports is much more beneficial to me than just knowing the game. Ethan provided multiple sources and guides on how to do everything (PED 283)!

- Ethan is very good at explaining the skills, knowledge and lessons for the class, as well as how and what to apply for each of the different school settings (PED 283).
- The professor was very respectful and engaging, the teaching methods and materials met my needs, and the class was straightforward to follow. My knowledge of the subject, and I would definitely take this course again (PED 283).
- Thank you for an amazing semester, I really enjoyed having you back-to-back on Tuesday and Thursdays! See you at Raquette Lake (PED 283)!
- Ethan was an incredible instructor. Who gave me feedback on very personal problems and challenges. Great leader and mentor (PED 308).
- Ethan = Goat (PED 308).

3. Scholarly Ability

- Nothing to include currently, but it is an area of growth that I plan to incorporate research into my criteria.

4. Service

- Participate in Interviews for 256
- Review Portfolios for PED 454-using written feedback
- Many students' written and interview practice on Teams
- Graduate Mock Interviews with Dr. Gilbert
- Multiple TA mentorships
- Guest Speaker at EmPOWER Her Meetings
- Attended Academic Convocation (Fall 2025)
- Title 2 Physical Education Department Ambassador

5. Community Service

- Youth Softball Coach- 8u, 10u and 16u Summer ASA softball program
Volunteer Softball Youth Coach
- Volunteer Umpire Youth Softball
- Volunteer Weekends at Raquette Lake (S26, F25)

6. Continuing Growth

- List memberships in professional organizations:
 - NYS APHERD
 - USA Softball Umpire
 - AED/CPR/First Aid Trainer American Red Cross
- List professional meetings attended in last three years:

- i. NYS APHERD 2024 & 2025
 - ii. USA Umpire Annual and Monthly meetings (2024, 2025)
 - iii. USA Umpire School Training (2025)
- c. Describe other professional activities which contribute to growth
 - i. Breathwork Professional Development
 - ii. Health and Wellness Professional Development
 - iii. Trauma, Illness and Grief
 - iv. AED/CPR/First Aid Trainer American Red Cross